



ANCHORS UP

SAILING SINGLES OF SOUTHWEST FLORIDA

www.sailing-singles.net | March 2012 Newsletter



EDITORS NOTE: Whether you're Irish or not, we're lucky to go sailing on the Gulf of Mexico!

Who's Who

Commodore:	Ann Lieberman
Vice Commodore:	Joan Kachel
Secretary:	Joy Hanson
Treasurer:	Judy Kearley
Directors:	George Cuic Dan Bullard
Membership:	Shannon Sykes
Cruise Committee	Mary Burch
Spokesperson:	Deena Kirkey
Telephone:	Martha Robinson
Newsletter Editor:	Sonia Raymond
Website Editor:	Shannon Sykes
Heads Up:	Ann Lieberman
Program Coordinator:	Joan Kachel
Social Chairman:	Gib Strasburg
Publicity Coordinator:	Jocelyn Erickson

Captains

Mary Burch
George Cuic
Tom Edleman
Deena Kirkey
Sonia Raymond
Clarence Yahn

CALENDAR

MAR 2
TGIF at 5pm
The Edison House
on the Patio, ground level

MAR 7
Board Meeting at 7pm
Boardwalk Caper
Contact Mary for gate code.
Members welcome

MAR 10
Shrimp Festival
Fort Myers Beach

MAR 10-11
Naples Overnight, call Mary for
more info.

MAR 15
Membership Meeting at 7pm
Bonita Bills

MAR 31
Annual Half Fast Race
Call Mary to participate

Check the website and watch "Heads Up" for additional outings.

BIRTHDAYS

MAR 1 Bonnie Nagle	MAR 12 Georgene Bruder
MAR 3 Janet Valentine	MAR 13 Barbara Becchino
MAR 6 Deena Kirkey	

For the Fun Of It: Ratio of an igloo's
circumference to its diameter???
Answer at the end of newsletter.



**You can't cross the sea
merely by standing and
staring at the water.**
By Rabindranath Tagore

Commodore's Corner [Ann Lieberman]



Mary conducted another skills' training class this past month.

The SSC is growing. We now have 73 members. Let's come out to our different activities and get to know one another.

A big thank you goes to Phil for being our gracious Super Bowl party host and also to Dan for being our grill master. See the article, by Bob Hammer, in this Anchors Up.

Three of our members traveled to the Miami International Boat Show on the 17th to check out the latest in boating.

As of this writing, Clarence, with his female crew, plans to sail up the Caloosahatchee to the Swamp Cabbage Festival in LaBelle. Other members will join them up there on Saturday for the parade and to sample the swamp cabbage. It should be an interesting adventure.

Sonia has volunteered to have Easter at her home on April 8th. A sign up sheet will be passed around at the March membership meeting.

Fair winds and smooth sailing to all.

Ann

Crews News {Mary Burch}

MARCH 10-11: Naples Overnight

Weather permitting. The boats will have a practice race down to the outer marker at Gordon Pass. We will stay at the docks and do dinner downtown.

MARCH 31: Annual Half Fast Race

Awards picnic and dinner afterwards. There will be sailing on Sunday for those who would like to go. Sign ups will be at the next membership meeting and by phone, Mary

CREW SKILLS: All crew who participate in crewing on our club boats will be responsible for knowing the following skills:

1. Proper boarding and safe body maneuvering in rough sea conditions.
2. Correctly attaching lines to cleats.
3. Correctly attaching fenders to lifelines and securely around pilings on docks
4. Line Skills including coiling lines and tossing lines to dockmasters
5. Know the proper procedure for talking on the VHF radio.

Emergency Radio Call Procedures

1. Make sure radio is on
2. Select Channel 16
3. Press/Hold the Transmit button
4. Clearly Say: MAYDAY MAYDAY MAYDAY
5. Also Give:
 - i. Vessel Name and/or description
 - ii. Position and/or location
 - iii. Nature of emergency
 - iv. Number of people on board
6. Release Transmit Button
7. Wait for 10 seconds – if no response repeat "MAYDAY" Call.



Have all on board put on life jackets.

In addition to the scheduled club sails with March winds coming in we will schedule sails during the week. These will be announced on Heads Up or you may just be called to crew if you can. We will try to plan these at least a day or two in advance. Captain's choice for any destination. Let's get out there. MARY BURCH.

News & Notes

- **New Members:** Remember, give a warm welcome to new member(s).
- **From Jocelyn:** If you see my articles in any of the newspapers, clip and save for me.
- **SSC Shirts:** Get any shirt embroidered with the Sailing Singles Logo at Fred's Award World in Fort Myers or buy a shirt at Fred's.

This month's internet news you can use:

Take an Online Boating Course. Haven't tried it yet? It's time to brush up on your boating and safety skills, and doing it online is easy and free.

www.BoatUS.org/onlinecourse

www.BoatUs.com/games

A new website: www.Boatsafe.com has boat safety, boating courses, articles, ships store and boating quizzes. Take a look!

Go to these websites for a fun way to learn to tie knots with animated illustrations:

www.animatedknots.com

www.Netknots.com

Try Power Squadron Courses to Increase Your Boating Knowledge [Melissa Butler]

Are you fuzzy on the "Rules of the Road"? Do you know where the "Miserable Mile" is? The San Carlos Bay Power Squadron's March courses will answer these questions and include basic boating skills. It will also familiarize boaters with area waters.

"America's Boating Course 3rd Edition"® covers the basics of boat handling, PWCs, required equipment, navigation aids and rules, and dealing with emergencies. It provides instruction and examination on laws and regulations of the State of Florida. This course meets the educational standards of the National Association of State Boating Law Administrators and features a proctored examination as required by many states and insurance companies. Students completing the course receive a Boating Safety Education ID card from the Florida Fish and Wildlife Commission as well as a free 6-month membership in the United States Power Squadron.

Course topics include: Getting Started, Rules to Live By, Boat Types, Aids to Navigation, Boat

Handling, Navigation Rules, Water Sport Safety, Steering & Sailing Rules, Personal Watercraft, Adverse Conditions & Emergencies, Trailing, Marine Radiotelephone, What's Needed, Required & Recommended Equipment Review, Boat Registration, USCG Boating Safety Standards, Law Enforcement, Responsibilities and Florida Boating Laws.

- The course takes a total of 8 hours spread over two Saturdays and will be offered next on March 24 & 31 from 8:30-12:30. Course costs \$40 and includes the manual and charting software.

The Local Waters - *Local Charts* provides the boater with basics of navigation, oriented to the Ft. Myers area. Students learn how to read a chart and gain experience using chart 11427. The course discusses hazards to navigation in our area (like traffic and shoaling) and some of the features of the area (restaurants, marinas, and picnic spots).

- The \$40 charge for the class includes materials, a parallel ruler and dividers, but students must bring their own copy of Chart 11427.

About half of this 3½ hour class is "hands-on," using the chart to find specific features and locations, and plot routes.

Topics include: Basics of Navigation, Compass, Parts of a Chart, Aids to Navigation, Information Signs, Local Hazards, Weather & Tides, *Where to go Today, I'm Lost - What Now?*

- This course will be offered on Saturday morning, March 3, from 8:30-12:00.

All classes are held in the Squadron's classroom at 16048 San Carlos Blvd. Fort Myers. Advance reservations are required. For additional information, call the Squadron at (239) 466-4040 or visit the website scbps.com or e-mail SSC member Melissa Butler.

Weather Lore:

The higher the clouds, the better the weather. High clouds generally indicate both dry air and high atmospheric pressure—usually with fair weather. Lowering clouds indicate approaching rain.

Historical Facts:

It's not a map, it's called a nautical chart. (cont'd)

If you are not familiar with the area in which you are boating, be sure to refer to a chart for that area. Look for buoys, channels or deep safe water shown in white. You should never deviate from your course. Watch for crab trap buoys, sand bars and rocks. Sand bars can shift with the weather patterns and tides. If you see birds standing in the water, there is a sand bar there. Charts have



interesting information that is useful for safe boating.

By taking the Power Squadron course, you will learn more about reading charts.

For your information:

Congress established the Coast Guard Auxiliary in 1939 to assist the Coast Guard in promoting boating safety. The more than 35,000 members receive special training.

Auxiliarists assist the Coast Guard in non-law enforcement programs such as public education, vessel safety checks, safety patrols, search and rescue, maritime security and environmental protection and programs for the youth.

Quote of the Day

If you haven't run aground, you haven't really been cruising"

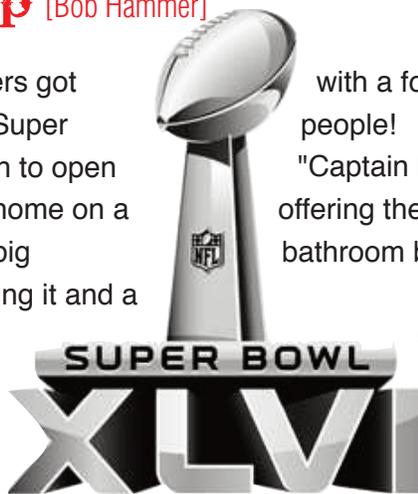
A Sailors Adage

Super Bowl Wrap-up [Bob Hammer]

On Sunday, February 5, 17 members got together to watch and celebrate the Super Bowl. Phil McCorkle was nice enough to open his lovely, large, somewhat unusual home on a quiet canal in St. James City for the big event. Joanie did a great job organizing it and a really fun time was had by all...even the Pats fans...it seemed like a 50/50 split between Giants and Pats.

Dan B. did a really fine job grilling up burgers, chicken, Brats and hot dogs on the grill while sending smoke signals to the neighbors at the same time.

Using her considerable negotiating talents, Cherie obtained two huge "Super Bowl/Birthday Cakes" from Publix for the price of one (one was very slightly damaged) and we had delicious, sugary cake,



with a football on top, for about two hundred people!

"Captain Phil" kept all of the rowdy fans in line by offering them adult beverages and frequent bathroom breaks.

Mary B. brought Gib to the party and he, of course, was in charge of the gambling concession. I'm not sure if it's still "The Dawning of the Age of Aquarius" but it sure was at Phil's as we celebrated four Aquarian birthdays at half-time. At

one point Mary called Deena in the hospital and everyone sent her a rousing phone greeting.

The game itself was pretty darn close and everyone paid attention to its nail-biting conclusion. What could be better than to watch the grand event with friends in a most pleasant setting? Thanks again to Phil...a great time was had by one and all!

10 CLEANING TIPS

clean your boat and protect the environment.

INSTEAD OF:	USE:
Bleach	Borax or hydrogen peroxide
Scouring cleaners	Baking soda and elbow grease
Fiberglass stain remover	Baking soda
Window Cleaner	Vinegar and lemon juice
Chrome Cleaner	Apple cider vinegar to clean and baby oil to polish
Shower cleaner	Baking soda
Wood Polish	Olive oil or almond oil for interior wood



Invite some CREW over and have them swab the decks!

Taken from: Center for Marine Conservation

Do you know what a “Fresh Breeze” is?
A fresh breeze is a wind of 17 to 21 knots.

A Sailor's Dictionary [Capt. Bob Weisman]



SAILS: When going down wind (when the sails stop being airfoils and are now negative airfoils), the boom vang becomes useful in keeping the boom from skying (remember, the mainsail is a driving sail while reaching but becomes a lifting sail when running). When the sails are negative airfoils, all the controls are reversed. Now a fuller looser sail will catch more wind and the sails will propel the boat faster. As the boat speed approaches the wind speed, there will be less and less pressure in the sails and the boat speed will be limited. Sails are built with draft sewn into them. This is accomplished partially by having the luff of the sail curved outward from the body of the sail

and having more sail area than the three sides can contain if the sail was flat.

Masts are slightly curved aft to accommodate the sail shape but the curve in the mast is not as prominent as the curve in the luff. Tightening the backstay adjuster will bend the mast to a curve closer to the curve in the luff and therefore flatten the sail. It should always be your goal to get the sail looking as much like an airplane wing as possible. This will always be the best shape you can get and shape is everything. If anyone has questions about any of this, feel free to ask me and I'll explain it more clearly and/or show you on an actual sailboat.

Want ad: SAILING lessons! 50% discount to club members. Call Capt. Bob at 482-5878

Just for Fun Answer: Igloos circumference is Eskimo Pi

4811 SW 8th Pl
Cape Coral, FL
33914



Kids and the Ocean: When ships had sails, they used to use the trade winds to cross the ocean. Sometimes when the wind didn't blow the sailors would whistle to make the wind come. My brother said they would have been better off eating beans. (William, age 7)